



GOLDEN GLOBES

The surprise winners, the dresses and Ricky metroLIFE

LIVE
88.5 fm



Ottawa metro

Your essential daily news | MONDAY, JANUARY 11, 2016

High -7°C/Low -14°C Chance of flurries [Twitter](#) [Facebook](#)

Jail workers celebrate deal

STRIKE AVERTED

Minister wants to 'normalize' operations

Erin McCracken
Metroland Media

The union representing approximately 6,000 correctional workers in Ontario and the provincial government reached a deal over the weekend, averting a strike with less than a day to go before deadline.

There were hugs, handshakes and sighs of relief among correctional workers at the Ottawa-Carleton Detention Centre in reaction to an announcement that a new three-year collective agreement had been negotiated between the Ontario Public Service Employees Union and the province.

"There's mostly a sentiment of happiness," said Scott Ford, correctional officer and vice-president of OPSEU Local 411.

As part of the deal, reached Saturday at 4:20 a.m., the workers are now considered an essential service. In exchange, they give up their right to strike in the future.

Union officials also negotiated to have workers' wages set through binding arbitration, that is, before a neutral third party within 60 days, by the end of March.

Approximately 6,000 correctional officers or jail guards as well as probation, parole and rehabilitation officers across the province have been without a collective agreement since Dec. 31, 2014.

"We're cautiously optimistic because it's binding arbitration, which is something we've been pushing for," Ford said, adding that he wants to hear what the arbitrator decides before he celebrates fully. "We have been dealing with a level of government that continues to give us zeroes and takeaways. That's three contracts in a row."

Correctional workers have been intermittently staging information pickets at jails around the province, most noticeably in recent weeks as the province began setting up onsite spaces for public service managers ahead as the strike deadline loomed.

Having their workers labelled as an essential service in the new agreement is "a major step for us — a step in the right direction," Tom O'Neill, chairman of OPSEU's correctional bargaining team. "We've wanted (that) for a long time."

TRIBUTE TO A TRUMPETER

Senators remember Carmelo Scaffidi

metroNEWS



PHOTO COURTESY FRANCOIS LAPLANTE/FREESTYLE PHOTOGRAPHY/OTTAWA SENATORS HOCKEY CLUB

**Wedding Palace®
Bridal Show**
Great Weddings Start Here...
613.612.5468 • weddingpalace.ca



January 16th & 17th, 2016

11:00 AM to 5:00 PM

Centre Shaw) Centre

Tickets Available Online



THINGS HAPPENING IN OTTAWA THIS WEEK



Emma Jackson
Metro | Ottawa

The first council meeting of the year isn't until next week, so until city hall gets back into the full swing of things, here are a few items to keep an eye on this week, including road closures in downtown and the Glebe, an update on LRT construction, and the library board's meeting on Tuesday — which will offer a glimpse of what a reimagined central library should look like.



1 Road closures

Drivers beware! Parts of Bank and Queen streets will shut down this week for road work, throwing a wrench into your commuting plans. Bank Street will be reduced to one lane in each direction between Exhibition Way and Holmwood Avenue for two weeks, beginning Monday, for Hydro Ottawa work. Queen Street's mess will last a lot longer: the westbound lane between Lyon and Bay streets will close Monday until the end of 2016 to accommodate LRT construction of the new Lyon Station. Westbound drivers will be detoured to Albert Street.



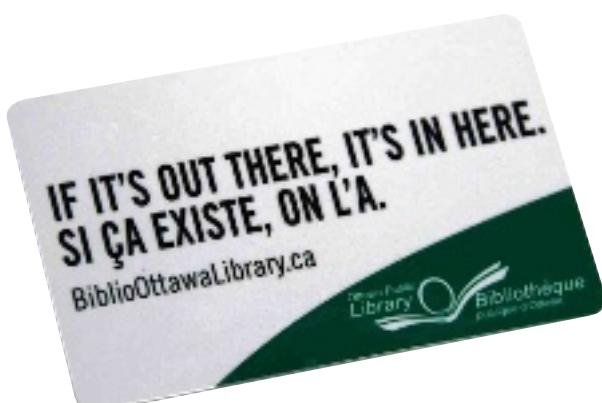
3 Tremblay tour

Mayor Jim Watson will host a tour of the light rail construction site at Tremblay Road station this Wednesday, bringing along local MPPs and MPs to check in on the city's LRT progress. With two years still to go before Confederation Line opens, more and more sections of the Transitway have been shutting down. Next Sunday, a 1.5-kilometre stretch east of Tunney's Pasture will close, diverting as many as 2,600 buses a day onto Scott and Albert streets.



2 Patio plans

Popular Southern-inspired restaurant Union613 is trying yet again to put a patio outside its Somerset Street West eatery. The owners will appeal to the city's committee of adjustment on Wednesday to get approval for a 32-spot seasonal patio along the front and west side of the building, something the committee rejected last spring. The patio would also include a two-metre high acoustic barrier to cut down on noise.



4 Library board

The library board's first meeting of the year on Tuesday will get right down to the business of building a new central library, starting with the tabling of a report from Nanos Research on what customers want from a revamped main branch. Through focus groups, on-site surveys and phone calls, Nanos found that most people want the new library to be close to transit, have lots of natural light and to be a landmark building in the capital.



5 Winterlude ready

Winterlude is just around the corner and what would a festival be without a little competition? Registration is now open for three contests: a community snow sculpture contest, an Ultimate Frisbee tournament (with a snowshoeing twist), and the annual Blizzard Bowl football tourney, all held at Lansdowne Park throughout the frosty, three-week festival. Register at ottawa.ca.



Newly arrived Syrian refugees meet sponsors and relatives at the Armenian Community Centre in Toronto on Dec. 16, 2015. NATHAN DENETTE/THE CANADIAN PRESS

Checking discrimination

HUMAN RIGHTS

Watchdog aims to ensure new refugees are treated fairly

 Michael Woods
Metro | Ottawa

With thousands more Syrian refugees due to arrive in Canada in the next few weeks, Ontario's human rights watchdog is teaming up with other groups to curb discrimination against the new arrivals as they search for homes and jobs.

Friday night's pepper-spray attack on more than a dozen Syrian refugees in Vancouver was an overt reminder of some of the discrimination Syrian refugees are facing. Prime Minister Justin Trudeau and other leaders swiftly condemned the attack, and Vancouver police are investigating it as a hate crime.

But discrimination against refugees can also take on more subtle forms.

Renu Mandhane, chief commissioner of the Ontario Hu-

man Rights Commission, said she's heard that some community-sponsored refugees — including some in Ottawa — are having trouble finding housing.

"The ones being sponsored by community groups are having challenges when they go to landlords to try and rent apartments for the families they're sponsoring, with landlords saying, 'We don't really want to rent to those people,'" she said in an interview.

"We want to really remind landlords and employers that when eventually these people come knocking on your door for jobs and for places to rent, that they can't discriminate."

The commission is teaming up with groups including the



There's a lot of fear to standing up to authority when you live under an authoritarian regime.

Renu Mandhane, chief commissioner of the Ontario Human Rights Commission

National Council of Canadian Muslims (NCCM), Canadian Arab Institute and Ontario Council of Agencies Serving Immigrants on a campaign to inform employers and service providers of their obligation not to discriminate.

The province's human rights code prohibits discrimination or harassment based on 17 different personal characteristics such as religion, race, sex and gender.

The campaign is in the planning stages, but its timing is deliberate, Mandhane said. The positive attention and focus on the refugees' arrival will eventually wane.

"Our hope is that when that dies down and we're actually

to the nitty-gritty of finding a job and finding a place to live, that then this campaign can remind people: Look, we welcomed these people here, and employers, service providers and landlords now have a responsibility to make sure that they don't discriminate," she said.

The human rights code applies to residents regardless of whether they're Canadian

citizens. Mandhane said the refugees, who have fled a brutal dictatorship and spent time in camps, may not be aware that the code applies to them.

"There's a lot of fear to standing up to authority when you live under an authoritarian regime," she said. "I think it's going to be really important for them to understand that there's a system they can access to protect them."

Amira Elghawaby, the NCCM's communications director, said there are several layers to the discrimination Syrian refugees can face, including Islamophobia.

"Even refugees who are not Muslim may be perceived to be," she said, "so issues around potential for discrimination really impact across the board, whether a refugee is Muslim or not."



TRAIN FOR A CAREER AS A PHARMACY TECHNICIAN

Did you know that a Pharmacy Technician is a regulated profession in Ontario?

ACCREDITED BY THE CANADIAN COUNCIL FOR ACCREDITATION OF PHARMACY PROGRAMS

The program is designed to prepare you for a challenging career in a Community/Retail Pharmacy, Hospital Pharmacy, Long-Term Care Facility or a corporate/industrial environment.

Contact us today
613-722-7811



ALGONQUIN CAREERS ACADEMY

1830 Bank St, at Walkley station • **613-722-7811** • www.algonquinacademy.com

Sens trumpeter to be laid to rest

MEMORIAL

Late Carmelo Scaffidi best known for 'all things music'

Emma Jackson
Metro | Ottawa

Carmelo Scaffidi is best known as "the goofy guy with the trumpet" at Ottawa Senators and 67s games, but the Ottawa-born musician was much more than that, according to his wife and friends.

"He was a world-class musician with perfect pitch," said his wife Jo-Anne. He was also a business owner — operating Mike's Music in Nepean for nearly 20 years — and a family man, too, raising two daughters.

Fifty-nine-year-old Scaffidi died last Thursday after an 18-month battle with brain cancer. The Sens paid tribute to

him ahead of Saturday's game.

From the 1970s on, Scaffidi quietly went about his business being a respected professional musician locally and beyond.

He spent four years on the road with a New Orleans band called Louisiana Purchase, mastered his trumpet skills under the tutelage of Blood, Sweat and Tears and until a few years ago was touring with the likes of Tito Jackson, the Funk Brothers and the Former Ladies of the Supremes.

He was also the lead trumpeter for the RCMP band before it was disbanded in the early 1990s.

Regular Ottawa joes likely don't realize they know Scaffidi's work: he is the trumpeter behind the Ottawa Senator's theme song, which is played countless times each season.

He started showing up, trumpet in hand, at Sens games in 1993, and just kept going. He later started playing at the Ottawa 67s games because more kids are there, Jo-Anne said.

VISITATIONS

Visitations for Carmelo Scaffidi will be held at the Tubman funeral chapel in Westboro from 2 to 4 p.m. and 7 to 9 p.m. Monday. A funeral will be held at Christ Church Cathedral on Sparks Street Tuesday at 1 p.m. His long time band, Celebration Brass Quintet, will perform in his honour.

"Carmelo loved music, he loved children and he wanted to bring children into music," Jo-Anne said.

Longtime friend and fellow musician Brian Tansley said Scaffidi was Ottawa's "go-to guy" for all things music. If he couldn't help you, he knew who could.

"You could rely on him, whether it was to hit that note you'd written into the arrangement or to get my horn fixed," said Tansley.



Carmelo Scaffidi, left, plays with young musicians, — including his own daughter, Laura, at an Ottawa 67s game in 2007. According to his daughter, Scaffidi arranged "trumpet calls" and had all the students play them with him during breaks in game play. COURTESY LAURA SCAFFIDI

Step into your career!

Algonquin College
Winter 2016 Open House
January 16th - 10am-2pm
Ottawa Campus

Check out all online, full- and part-time programs and services from all campuses.
Speak to staff/current students.
Tour Residence.
Free Parking!

Register online for this FREE event:
algonquincollege.com/openhouse

ALGONQUIN
COLLEGE

ALL NEW **OTTAWA HOME & REMODELLING SHOW**
JAN 21-24 EY CENTRE

**REAL ADVICE
REAL INSPIRATION
REAL EXPERTS.**

JUAN
Contractor

SEE CELEBRITY GUEST EXPERT



The all new **Ottawa Home + Remodelling Show** is the most trusted resource for every home improvement project, inside and out. With big names like **Bryan Baeumler**, star of HGTV's *Leave It To Bryan*, plus more than **160 exhibitors** and a slew of exciting new features, there's real advice, real inspiration and real experts at every turn. Satisfaction guaranteed — or the price of admission is on us!

SAVE \$4

*ON REGULAR ADULT ADMISSION

BUY TICKETS ONLINE
PROMO CODE: **METRO**

OTTAWAHOMEANDREMODELLINGSHOW.COM

PRODUCED BY **EXPO** MEDIA | PROPERTY OF **MARKETPLACE** EVENTS

Governing women bound for Nicaragua

PHILANTHROPY

Team to spend week helping to build school



Haley Ritchie

Metro | Ottawa

In February, a high-profile group of Ottawa women will leave the snow and slush behind to take up

tools halfway around the world in Nicaragua.

A team of 12 locals, fundraising with the Amazing People organization, will be building a school in Nicaragua. Among them are City of Ottawa regulars Coun. Diane Deans and acting deputy city manager Susan Jones.

The group leaves Feb. 11 for the week-long "Amazing Build" close to Leon, Nicaragua.

"When you're empowering the community, it really is im-

portant to have an education," said Jones. "I'm looking forward to going over and hopefully making a difference and interacting with the children there."

Deans said no city money is going toward the trip, but it's still related to her work as chair of the community and protective services committee.

"In the last year I've been trying to champion the cause of vulnerable citizens here in Ottawa," she said. "I think you have

to lead by example. We all have a role to play, whether it's in our own city or volunteering with borders around the world."

Both women have volunteered with Habitat for Humanity before at home in Orleans, so it's not their first time donning hard hats.

Even so, Deans admits, "I'm pretty sure I'm better known for my city-building skills than my construction skills. But you have to start somewhere."



Coun. Diane Deans, right, and acting deputy city manager Susan Jones are heading out Feb. 11. LUCY SCHOLEY/METRO

HERITAGE BUILDINGS

Demolition plan to return to council



Lucy Scholey

Metro | Ottawa

An Ottawa Community Housing (OCH) plan to demolish a heritage Lowertown building and replace it with a mini park will be back before a city committee on Thursday.

The city's largest social-housing provider wants to tear down the derelict 1880s O'Connor House at 171 Bruyere St. and replace it with a "parkette," a mini green space with pergolas and benches.

OCH said it's a less expensive

alternative to fixing up the rotting beams and cracking foundation, which could cost \$250,000.

City staff want to preserve the building and are recommending, once again, that the built heritage sub-committee scrap the demolition plan.

Last November, members voted to defer a decision on the project to give OCH a chance to seek out provincial funding options for the building's upkeep.

It would cost OCH about \$125,000 to build a parkette, minus the price of demolition.

The homestead was passed through the O'Connor family for over a century.



OCH wants to replace 171 Bruyere St. with a parkette, but city staff are against the plan. COURTESY CITY OF OTTAWA

IN BRIEF

Man arrested following fatal hit-and-run

Gatineau police said a man has been arrested after a fatal hit-and-run in Aylmer.

A pedestrian was struck and killed around 9:10 a.m. Sunday morning while crossing Lucerne Boulevard, according to police.

The man was transported to hospital in Hull but pronounced dead shortly after arrival. His name has not been released.

Police said a 29-year-old man from Cantley, Que., was the driver of the car. METRO

Police looking into reports of gunshots in Overbrook

Ottawa police's guns and gangs unit is investigating several gunshots reported in the Overbrook area Friday.

The third shooting of the year happened at the 300 block of Prince Albert Street on Jan. 5, according to police.

"Several shots were fired at a residence," according to a news release.

No one was injured, but police believe the incident is gang-related. METRO

Right now, a little gets you a lot.



SAMSUNG
GALAXY GRAND Prime
\$0
on WINDtab™

nexus 5X
\$0
on WINDtab™

\$39/mo

Offer ends soon



Learn more at WINDmobile.ca. Offer is valid as of December 11, 2015 and is subject to change or cancellation without notice. All unlimited plan features in Canada are from anywhere on our network, otherwise long distance and roaming rates apply. Eligible devices may be activated for \$0 phones with WINDtab, WINDtab terms and conditions apply. All services subject to WIND's Terms of Service, Fair Usage Policy and Internet Traffic Management Policy and are for personal use by an individual. Applicable taxes extra. Additional terms and conditions apply. Google, Nexus and Android are trademarks of Google Inc. Samsung and Samsung Galaxy Grand Prime are trademarks of Samsung Electronics Canada, Inc. and/or its related entities used with permission. Screen images simulated. WIND, WIND MOBILE and TRUE MOBILE FREEDOM are trademarks of Wind Telecomunicazioni S.p.A and are used under licence in Canada by WIND Mobile Corp. © 2015 WIND Mobile

Attack on refugees 'isn't who we are'

VANCOUVER

PM, others slam pepper-spraying of new arrivals



Matt Kieltyka
Metro | Vancouver

Prime Minister Justin Trudeau was one of many Canadian public figures who denounced a pepper-spray attack on Syrian refugees in Vancouver at the weekend.

The police called it a "hate-motivated crime," and Canadians joined in condemning the attack. It happened as about 100 people — including several newly arrived refugees — congregated outside Vancouver's Muslim Association of Canada Centre after a welcome ceremony on Friday night.

Vancouver Police Department Chief Adam Palmer said an un-

identified male person riding by on a bicycle approached the group and pepper-sprayed them. Fifteen people were treated for exposure to pepper spray.

"It's a very troubling situation and the actions of one man have shed a negative light on a lot of the positive work that has been done to welcome the Syrian refugees into our communities," Palmer said, adding that police were looking for the man.

"I condemn the attack on Syrian refugees in Vancouver," Trudeau wrote on Twitter.

A high-profile member of Canada's Syrian community said the pepper spraying was likely a one-off event and doesn't reflect how the majority of Canadians view the newly arrived migrants.

Tim Kurdi — the aunt of three-year-old Alan Kurdi, who drowned while fleeing civil strife in Syria — says the sup-

port Canadians have shown to refugees is "unbelievable" and they shouldn't be blamed for Friday night's incident.

"To be honest, Canadian people would not do this, the majority of them," Kurdi said. "They are big supporters to the refugees."

Canadian Immigration Minister John McCallum described it as an "isolated incident" that won't tarnish the country's migrant-friendly reputation.

"This isn't who we are — and doesn't reflect the warm welcome Canadians have offered."

Vancouver Mayor Gregor Robertson said the incident "was a disgusting display of hate — and Vancouver won't stand for it."

Canada has committed to accepting 25,000 refugees from Syria by the end of February.

WITH FILES FROM THE CANADIAN PRESS

“Canadian people would not do this, the majority of them.”

Tim Kurdi



Flames from a wildfire near Oliver, B.C., in August last year.

JONATHAN HAYWARD/THE CANADIAN PRESS



An air tanker drops fire retardant on a hillside in West Kelowna, B.C. in July.

JONATHAN HAYWARD/THE CANADIAN PRESS



A crew battles a blaze in the La Ronge area on northern Saskatchewan in July.

CONTRIBUTED/THE CANADIAN PRESS

PARKS

Wildfires drain reserves

\$8 million a year to fight fires. Any money not spent is rolled into a reserve to be used in busy seasons.

Lightning strikes on tinder-dry forests made 2015 the third big fire year in a row. Firefighting cost \$14 million last summer and the reserve is pretty much depleted, Weir said.

If it becomes necessary, the money would probably come from funds earmarked for other ecological restoration projects, Weir suggested.

Climate scientists have predicted that busier fire seasons will be one consequence of global warming, Weir said.

THE CANADIAN PRESS

Wildfires scorched a record amount of Canada's national parks last year — the latest in a number of long, hot summers that have almost entirely depleted Parks Canada's firefighting reserve.

"We had a very busy fire year," said director of fire management Jeff Weir. "We had more wildfires than normal and those fires burned larger areas than normal."

The agency's annual fire report recorded 122 wildfires in 2015 that burned through 4,600 square kilometres — seven times the area of the city of Toronto. The yearly average is 82, and, in 2014, the amount of

\$14 million

The cost of services last summer. Parks Canada reserves about \$8 million a year to fight fires.

park land burned in non-prescribed fires was 3,000 square kilometres.

Most of the damage in 2015 occurred in a single park. Fire licked through 3,700 square kilometres of Wood Buffalo on the boundary between Alberta and the Northwest Territories.

Parks Canada reserves about

UNIVERSITY OF TORONTO

Library gets Stalin daughter's letters



Luke Simcoe
Metro | Toronto

a collection of letters written by Svetlana Alliluyeva, the only daughter of former Soviet leader Josef Stalin.

"Can you imagine having Stalin as your father?" said the library's director, Anne Dondertman. "She had an amazing and difficult life. Her mother committed suicide when she was young, members of her family were disappeared, her first lover was sent to Siberia,

and the list just goes on."

Written towards the end of Alliluyeva's life, the letters were sent to British artist Mary Burkett. The two women initially discussed art, but quickly developed a deeper friendship.

"She seemed to feel a bond with Mary from the start and she told her quite a bit about her personal life and what it was like growing up with her father," Dondertman said.



Looking for a lucrative and in-demand career?

MOBILE SOFTWARE DEVELOPER DIPLOMA



Starts January 2016

- Mobile, web and application development
- Software programming principles
- Business skills for IT professionals
- Assistance with job-placement and government security clearance application

GET STARTED TODAY! williscollege.com | 1.888.319.2365



A woman reads *La Jornada* newspaper in Mexico City on Sunday which shows a picture of drug lord Joaquin Guzman, aka "El Chapo," right, shaking hands with actor Sean Penn. **Authorities hope to question Penn about his interview.** AFP/GETTY IMAGES

Penn interview left trail to drug lord

MEXICO

Authorities raided hideout days after chat

Mexican officials say Sean Penn's contacts with drug lord Joaquin (El Chapo) Guzman helped them track the fugitive down — even if he slipped away from an initial raid on the hideout where the actor met him.

Penn's article on Guzman was published late Saturday by *Rolling Stone* magazine, a day after Mexican marines captured the world's most wanted kingpin in a raid on the city of Los Mochis near the Gulf of California.

Penn wrote of elaborate security precautions, but also said that as he flew to Mexico on Oct. 2 for the meeting: "I see no spying eyes, but I assume they are there." He was apparently right.

A Mexican federal law enforcement official, speaking on condition of anonymity, said the Penn interview led authorities to Guzman in the area of Tamazula, a rural part of Durango state.

They raided Guzman's remote hideout a few days after the interview and narrowly missed capturing Guzman, whose July escape from Mexico's top security prison — through a 1.5-kilometre tunnel — had embarrassed President Enrique Pena Nieto and made his capture a national priority.

Describing the capture, Attorney General Arely Gomez said that investigators had been aided in locating Guzman by documented contacts between his lawyers and "actors and producers" interested in making a film about him. Two months after that close call, marines finally caught him in a residential neighbourhood of Los Mochis, where they'd been monitoring a suspected safe house.

Penn wrote that Guzman was interested in having a movie filmed on his life and wanted Mexican actress Kate del Castillo, who had portrayed a drug trafficker in a television series, involved in the project.

THE ASSOCIATED PRESS

+ CRITICISM

Sean Penn's interview with Guzman has prompted criticism throughout the U.S. and led some social media satirists to wonder whether the actor will hold other interviews with leaders of terror organizations, such as the Islamic State of Iraq and the Levant (ISIL) and al-Qaida.

METRO



GETTY IMAGES

GERMANY

Minister calls for Cologne probe

German authorities need to determine whether a string of New Year's Eve sexual assaults and robberies in Cologne blamed largely on foreigners may be linked to similar offences in other cities, the justice minister said in comments published Sunday.

Authorities and witnesses say the attackers were among about 1,000 people, mostly men, gathered at Cologne's central train station. Some of those broke off into small groups that groped and robbed women.

"If such a horde gathers in order to commit crimes, that

appears in some form to be planned," Justice Minister Heiko Maas told the newspaper *Bild*.

Police have said their investigation is focused on suspects of primarily North African origin, which has put pressure on Chancellor Angela Merkel's government and its open-door policy to asylum seekers.

Cologne police said Sunday that 516 criminal complaints had now been filed with them in connection to the New Year's attacks, about 40 per cent of which involve allegations of sexual offences.

THE ASSOCIATED PRESS



Police use pepper spray to control protesters of the New Year's Eve sex attacks on Saturday in Cologne, Germany. SASCHA SCHUERMANN/GETTY

NO ONE SHOULD HAVE TO SUFFER FROM FOOT PAIN

Your feet aren't supposed to hurt.

Even if you work on them or lead a very active lifestyle your feet are designed to support you without hurting.

But many things, including the hard and unnatural surfaces we spend most of our time walking on can cause us to experience a variety of pains in our feet including heel pain.

Heel pain — such as sharp stabbing pains in your heel when you step on the floor in the morning — is not something you have to live with.

If your feet aren't 100% comfortable, then just call 613 595-9700 or go to www.OttawaFootPractice.com

to request a **FREE** copy of our book which will answer your questions and give you the peace of mind you need.

You can also call our office right away to make an appointment (often the same week).

Foot Pain and Nail Conditions

A Guide to Understanding Their Root Causes, Contributing Factors and Treatment Options

Visit our website and download our complimentary e-book!



Pierre Dupont,
Doctor of Podiatric Medicine
Registered Chiropodist | Foot Specialist

28 Deakin Street, Suite 101 | 613 595-9700
OttawaFootPractice.com

STOCK MARKETS

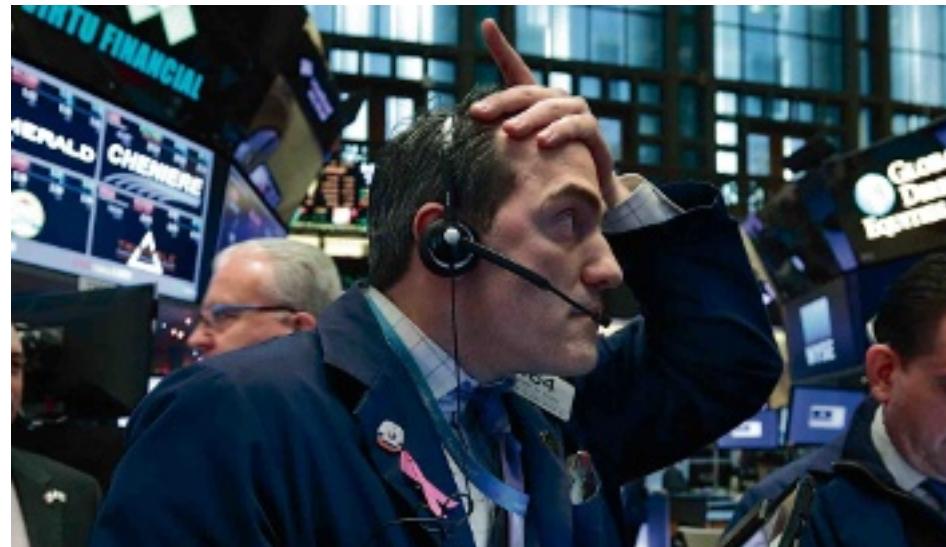
Investors brace for another rocky week

Tumult in China triggered the worst opening week for U.S. stocks in history, and this week investors could get plenty more to worry about.

Earnings for companies in the Standard and Poor's 500 index are forecast to drop for the second straight quarter, a rare occurrence outside a recession. Despite a rebounding jobs market, the U.S. did not grow fast enough to boost profits, and once surging developing economies that helped lift foreign sales slowed dramatically.

All this would be worrisome enough at any time, but investors are particularly jittery now. U.S. stocks are expensive by some measures, even after slipping in 2015 and falling sharply in the first week of the year. That leaves little room for more disappointing news.

One widely respected gauge, the so-called Shiller earnings ratio, is flashing warning signs. Named after Nobel Prize winner Robert Shiller of Yale, the ratio compares the price of stocks to annual earnings aver-



A trader works at the New York Stock Exchange last week as stocks opened lower on news over signs of belligerence in North Korea and weakening of China's economy. THE ASSOCIATED PRESS

aged over 10 years. The measure is now 25, much higher — meaning more expensive — than the long-term average of 18.

"When expectations are as

high as they are, that's a problem," says Jack Ablin, chief investment officer of BMO Private Bank.

Companies begin reporting their results for the October-December quarter on Monday. Earnings per share for the companies in S&P 500 is expected to have dropped 5.5 per cent compared to a year earlier,

according to S&P Capital IQ, a research firm. Revenues are forecast to fall for a fourth quarter in row.

This wasn't supposed to happen. A year ago financial analysts said earnings for the October-December quarter would jump 12 per cent, and urged investors to buy accordingly.

THE ASSOCIATED PRESS

When expectations are as high as they are, that's a problem.

Jack Ablin of BMO Private Bank



ÉCOLE SECONDAIRE CATHOLIQUE FRANCO-CITÉ

PORTE OUVERTE

21 janvier 2016 à 18 h 30

OPEN HOUSE

January 21st, 6:30 pm.

Inscrivez-vous | Register Now

623, ch. Smyth, Ottawa 613 521-4999

PROGRAMME SPORTS-ÉTUDES

FC.ecolecatholique.ca



Pour les dates d'inscription de toutes les écoles secondaires, visitez
ecolecatholique.ca

Long hours don't kill romance

STUDY

Dual-career couples make extra effort after work

or their romantic relationship.... Our research questions the assumption that working longer hours is hazardous for all romantic relationships."

Instead of finding that working longer hours had a negative effect on a couple's relationship, the team found that couples actually made extra effort with each other after work to make up for time lost with their partners through working long hours, leading the researchers to suggest that longer working hours could in some cases even be beneficial for a relationship. AFP

PUBLISHED

The study was published by SAGE in the journal Human Relations in partnership with the Tavistock Institute in the U.K.

FRENCH, ENGLISH as a SECOND LANGUAGE

PART TIME

12 weeks (36 hours in class and 36 hours online)

FRENCH AS A SECOND LANGUAGE (9 LEVELS)

January 12 to April 9, 2016

Evenings: 6 pm to 9 pm (9 Levels)

Saturdays: 9 am to noon (8 Levels)

ENGLISH AS A SECOND LANGUAGE (6 LEVELS)

January 12 to April 9, 2016

Evenings: 6 pm to 9 pm (6 Levels)

NEW! Saturdays: 9 am to noon (2 Levels)

FULL TIME

4 weeks (60 hours in class and 60 hours online)

FRENCH AS A SECOND LANGUAGE

January 11 to February 5, 2016

Levels 1, 3 and 5: 12:30 pm to 3:30 pm

Levels 2, 4 and 6: 9 am to noon

ENGLISH AS A SECOND LANGUAGE

January 11 to February 5, 2016

NEW! Level 5: 6 pm to 9 pm; Level 6: 12:30 pm to 3:30 pm

FEES: \$35.00

(Immigrants, naturalized Canadians, Refugees whose language is not English)

All new students need to go to the Language **Assessment** and Referral Center prior to registration. Please call **613-238-5462** for an appointment.



Financed by:



CONSEIL DES
ÉCOLES CATHOLIQUES
DU CENTRE-EST
Le meilleur conseil qu'on puisse vous donner

Éducation Permanente
181 Donald St., Ottawa
Tel. 613-741-2304 ext. 3;
Fax 613-741-2191
educationpermanente.ca



ROSEMARY WESTWOOD **ROSIE ON ROSIE**

The CBC announced Rosemary Barton's appointment as the official new host of Power & Politics last week, which should come as no surprise to anyone who witnessed her famous dressing down of former Immigration Minister Chris Alexander.

Forceful, yet affable. Sharp, but not cutting. Rosemary Barton holds court nightly with politicians from across the country as the official new host of Power & Politics.

The CBC announced the appointment last week, which should come as no surprise to anyone who witnessed her famous dressing down of Chris Alexander over the Syrian refugee crisis in September. Or perhaps to anyone who's watched her captain the show since.

Her appointment lends stability to a program thrown into disarray after former host Evan Solomon's public downfall over revelations he took a cut from art deals with some of the show's guests. And it puts her in the position of earning the public's trust when many high-profile journalists are viewed with skepticism for cosying up too closely to the powerful people they're meant to scrutinize.

"You have some sort of relationship with them," Barton tells me over Skype from the CBC's Ottawa bureau. "You have to keep that relationship, it has to be respectful, but at the same time you have to go toe-to-toe with them, because otherwise you're not going to get the answers you need."

Throughout our conversation, Barton is friendly, chatty,

You can be frustrated or angry or mad at someone if they're being too tough on you one day, but that is how democracy works.

Rosemary Barton

quick to laugh. On-air, though, she aims to be tough. "There is an understanding that we all have jobs to do. You can be frustrated or angry or mad at someone if they're being too tough on you one day, but that is how democracy works. I've had people pout after an interview, but I've never had

training ground as a reporter for the CBC at the National Assembly in Quebec City, at a time of high tension over sovereignty issues.

"I not only fell in love with politics, but I also fell in love with that kind of reporting," she says. "Because I was a young woman, working in



HONEYMOON'S OVER The CBC's Rosemary Barton told Rosemary Westwood that her tough questions are upsetting people who want to see Trudeau succeed. CONTRIBUTED

anyone say, 'Well I'm never coming back on the show because it was too hard.'

Born in Winnipeg in 1976, Barton didn't grow up with dreams of political reporting. A professor put her up for a job as a chase producer for a program on ICI RDI, the CBC's French news network, while she was studying French literature at College Universitaire de Saint-Boniface. That led to a master's degree in journalism from Carleton, by which point she was hooked on TV reporting.

"I like the power of TV, and I know it's potentially waning for all sorts of reasons, but it's immediate. It's the, you know, news is breaking, and you run in front of a camera and tell the story."

She found a pivotal political

her second language (French), having to try and get English clips from people, I had to be pretty aggressive. People working at the National Assembly are some of the top political reporters in the country. You had to be really ballsy, for lack of a better word, and I learned a lot."

Barton moved to Ottawa, and by the time crisis hit Power & Politics, she was the regular Friday host and fill-in for Solomon. In June, after he was fired, Barton took over as interim host. In August, Stephen Harper called the federal election. Bemoaned by some for its record length, the campaign proved crucial for Barton's chops as host.

"Both the length of the campaign and the intensity of that campaign helped me get



What to do when winter doesn't stick to your budget

COLLINS' CAPITAL

Steve Collins



out for it. For now.

I wouldn't dream of pre-judging the results, but it's seldom that you call one of these exercises a spending review and then conclude that spending is just right or not enough. The big question has largely already been framed: 'How can we spend less?'

We went through a similar process with OC Transpo's 2011 "network optimization,"

the \$20-million service cut that coincided with a years-long decline in ridership — and official insistence that this was just a coincidence.

She cites Peter Mansbridge among the reporters she admires. From Don Newman, former Power & Politics host, she learned the art of being a gentleman "while being difficult." From Susan Bonner, a mentor figure who filled in for Newman, she found support as a woman in politics.

Amid the extended honeymoon for Trudeau's Liberals, Barton — an admittedly deep cynic — now finds herself in the odd position of getting flak from the audience for being too hard on the government.

"The amount of ripping I get on Twitter when I say to John McCallum, 'Hey, you broke your promise on the refugees, huh?' (They're) not welcome, those questions, from a lot of Canadians who want to see this government succeed, and who are all about the sunny ways."

A pause.

"I don't really care," she says with a short laugh. "At some point over the next four years, a promise will be bent or broken and the government will disappoint people, and it's important people know that they say one thing and they're doing something else."

Most especially, she foresees trouble with the Liberals' budget promises.

I tell her I want to end on a topic close to my heart: whether she goes by Rosie or Rosemary (her Twitter handle says one thing, her bio another and on-air guests and colleagues call her both). As it turns out, either one is fine.

"To my friends I'm Rosie, and I guess I have a lot of friends now," she says.

Digging this city out from under a dump of snow is a huge undertaking, and not one that comes with praise and thanks. Exhibit A: Kvetching last week during the cleanup from winter's first storm.

We're all in this mess together, but practically everyone's measure of the plowing effort is how quickly and thoroughly their own street and sidewalk are cleared.

Officials insisted that, despite citywide suspicions to the contrary and some sidewalks still buried days afterwards, there had been no drop in service standards. There was, however, a tighter adherence to those standards and fewer of the little extras we've become used to, in hopes of saving \$2.5 million after we blew out two annual snow clearance budgets.

That's a bit of sophistry, of course. If the usual practice was previously to go above and beyond and orders have gone down the line to do less, that is a decline in standards.

It might be prudent to brace for more of the same, with a review of spending on winter operations currently underway by consultants KPMG, with instructions to compare what the city does now with a more bare-bones adherence to provincial minimums.

Other municipalities, for example, delegate sidewalk clearance to citizens to handle themselves, while here in the snowy capital, taxpayers shell

Some expenses are more easily controlled than others. By insisting on across-the-board budget discipline, we risk ignoring certain realities on the icy ground. Dealing with winter is an unpredictable series of semi-emergencies that occur without warning or consideration for budget targets. Healthy reserve funds and a certain degree of humility in the face of nature's caprices are essential equipment for getting through it.

Steve Collins lives in Ottawa. He might also be the guy behind you on the bus, pretending not to notice you're reading this. Act casual.

metr
Your essential daily news

STAR MEDIA GROUP PRESIDENT
John Cruickshank

VICE PRESIDENT & EDITOR
Cathrin Bradbury

VICE PRESIDENT & GROUP PUBLISHER
METRO EASTERN CANADA
Greg Lutes

MANAGING EDITOR OTTAWA
Steve Rennie

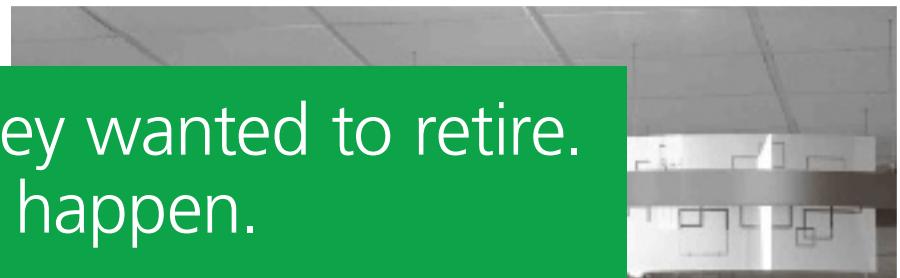
ADVERTISER INQUIRIES
adinfoottawa@metronews.ca
General phone 613-236-5058

FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan



Philosopher cat now at www.mymetrostore.ca



Reg and Jean knew how they wanted to retire.
Karin knew how to make it happen.



Reg and Jean, TD Customers



Karin, TD Advisor

Our know-how can
help you save more.

Reg and Jean spoke with Karin, their TD advisor, about their retirement plans. With her help, they were able to save more and achieve their goals. Now it's your turn. Meet with an advisor today to save more and help reach your goals sooner.

See their story at td.com/savemore



Banking can be
this comfortable.



The RSP rules that every investor needs to know

NEST EGG

Getting the most out of this important investment

Michelle Williams

Saving for your retirement is all about planning. If you're ready to contribute to a retirement savings plan (RSP), there are some rules of engagement you should know.

How much, how often?

You can make contributions as often as you like.

"The simplest way in terms of budget is to make regular contributions and sync it to your payroll deposits so you can make automated payments to your RSP," says Alan Cameron, investment advisor for Investment Planning Counsel. For freelancers or others who don't get a regular paycheque, make contributions throughout the year as funds permit.

"The big benefit of doing this versus racing to make a lump-sum payment at the end of the RSP season is that you can benefit from additional months of growth on your in-



Make the most of your retirement savings plan by maximizing your tax savings. iSTOCK

vestment because your money has been working for you longer," he says.

How much you contribute is also up to you, though there are limits — you can see exactly what your maximum allowable contribution is by looking at the bottom of your notice of assessment.

"In any given year, the amount of RSP deduction room you're granted is based on your

previous year's income, times 18 per cent, minus pension adjustments — anything that went into pensions on your behalf by your employer," explains Cameron. "Also added to this are any unused contribution allowances going back to 1991."

The interesting thing about investing in January and February (during the first 60 days of the new year) is that you can use those contributions toward

either the previous or the current year.

"For those who want to make a contribution by the deadline, it can be the difference between owing money and getting a refund," Cameron says. "But you also have the option to use it against the coming year."

How can you maximize your tax savings?

Take advantage of a spousal RSP.

"The spouse who makes the contribution — presumably the higher-earning spouse — gets the tax deduction," says Ron Dale, partner at Bongard Dale Fried Chartered Accountants. "And if the money stays in the RSP for at least three years from the date of the last contribution, the income stays with the lower-income spouse to be taxed at a lower rate when it's withdrawn."

How long should you be contributing?

Once you turn 18, you can contribute to your RSP until Dec. 31 of the year you turn 71. At some point before the end of that calendar year, your RSP must be converted to an RIF (retirement income fund) and you must begin withdrawing your money. Tax-deferred growth continues until the money is withdrawn, then you're taxed based on your current income.

"Under the old rules," explains Cameron, "7.38 per cent had to be drawn in the first year. Now it's 5.28 per cent."

RIFs are flexible — beyond the required annual minimum, you can withdraw as much as you want, as often as you want.

Where does the money you've invested go?

Your contribution can be placed in a number of investment vehicles, such as mortgages, GICs, stocks, bonds, currencies, mutual trust funds, and more, says Dale. "There are many investments which can be held in your RSP, called qualified investments, and other investments that are considered non-qualified and cannot go into an RSP. These lists are rather long, but you can go online to see what qualifies and what doesn't."

Meet your local TD Advisor



Randa Nouh
2470 Bank St.,
Ottawa

Get comfortable.

Want to save more? Our advisors are here to help.
Visit td.com/savemore to book an appointment today.

Our know-how can help you save more. Visit a branch or td.com/savemore





It was a night full of surprises

AWARDS

Oscar race still wide open after Golden Globes drama

Ned Ehrbar
Metro | Hollywood

The Hollywood Foreign Press certainly likes surprising people, if their picks for winners of the Golden Globes last night were any indication. The capricious collection of international journalists went against the grain in several categories.

The night started off with plenty of unexpected victories, including Kate Winslet winning best supporting actress for her role in *Steve Jobs*, beating out favourites Jane Fonda and Alicia Vikander; and Maura Tierney winning on the TV side for her supporting role in *The Affair*. The surprises even seems to catch the winners off-guard. "Is this really happening?" Winslet asked from the stage.

In the movie categories, it was a little less shocking as Leonardo DiCaprio won best actor in a motion picture



Matt Damon strikes a pose in the press room with his best actor in a comedy Golden Globe for his starring role in *The Martian*. THE ASSOCIATED PRESS

drama for his role as legendary frontiersman Hugh Glass in *The Revenant*.

Earlier, Matt Damon took home best actor in a comedy for *The Martian*, beating out The Big Short stars Chris-

tian Bale and Steve Carell. "It's literally been 18 years since I've been here doing this," Damon said during his speech. And Sylvester Stallone stunned the crowd with a win for his reprisal of Rocky

Balboa in *Creed*. In his speech, he thanked his career-defining character for being "the best friend I ever had." But he failed to thank his director, Ryan Coogler,

or co-star, Michael B. Jordan.

But the biggest surprises were on television. *Crazy Ex-Girlfriend* star Rachel Bloom beat out vets like Lily Tomlin and Julia Louis Dreyfus for best actress in a comedy series, and Lady Gaga took home a Globe for *American Horror Story*.

Amazon's little-watched *Mozart in the Jungle* won best comedy series, besting *Veep*, *Orange is the New Black* and *Transparent*, and best actor for star Gael Garcia Bernal. And freshman hacker drama *Mr. Robot* beat out *Game of Thrones* for best series.

At least Jon Hamm's win for the final season of *Mad Men* was expected

— and incredibly welcome, and fan favourite Taraji P. Henson brought home a win for



OH, RICKY

Host lives up to his controversial rep

Once again, host Ricky Gervais didn't disappoint, packing in plenty of eyebrow-raising remarks:

- "Caitlyn Jenner has done a lot this year for trans visibility. She didn't do a lot for women drivers, though."

- "To be fair, the Martian was a lot funnier than *Pixels*. But to be fair, so was *Schindler's List*."

- "On Matt Damon: 'He's the only person Ben Affleck hasn't been unfaithful to.'

Empire. And about the only thing that wasn't a surprise was Jennifer Lawrence winning for *Joy*, since the HFPA can't not give an award to her.

With so many surprises and head-scratching, though, it's unclear how this year's Golden Globes wins will impact an already scattershot awards season with no clear front-runners.

Maybe Thursday's Oscar nominations announcements will solidify a few of the key races.

FOR ALL THE WINNERS

metronews.ca

DAZZLING DRESSES FIVE LOOKS THAT WON THE RED CARPET

ALL PHOTOS GETTY IMAGES EXCEPT
LADY GAGA: THE ASSOCIATED PRESS



White hot

A muse for the maison, it's no surprise double nominee Alicia Vikander chose to wear Louis Vuitton after appearing in the luxury house's FW15 campaign.



Classic to contemporary

Jennifer Lawrence, who won for best actress in a musical or comedy, walks the line between glamour and gamine in Dior.



Golden Girl

Among the metallics crowd, Brie Larson shined with this golden number from Calvin Klein. Larson won for best actress in a motion picture drama. This was Larson's first nomination and award at the Golden Globes.



Old-school glam

Lady Gaga, who won a best actress award for her role in *American Horror Story*, went classic Hollywood with platinum Marilyn hair and a black off-the-shoulder custom dress by Versace.

Shine bright

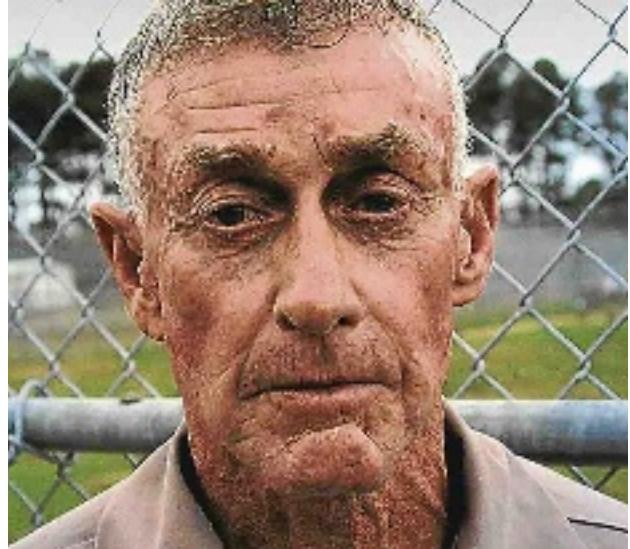
Her second consecutive nomination for HTGAWM, Viola Davis rocked a Marchesa gown that showcased two of the top trends of the evening: high glitz and a capelet.



5

CRIME DOCS FOR ARMCHAIR DETECTIVES

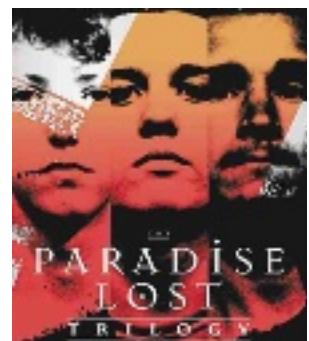
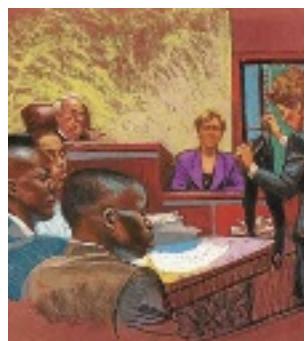
If you enjoyed *Making a Murderer* and are looking for more from the genre, here are five must-see true crime documentaries. **TORSTAR NEWS SERVICE**


2 The Jinx: The Life and Deaths of Robert Durst

This HBO series has just six episodes. But director Andrew Jarecki didn't need more than to stun audiences with his documentary. All he needed was an unforgettable eccentric, bitter multimillionaire suspected of multiple murders, the heinous effect of money on the law and a series ending that will astonish even the most veteran true crime observers. When they say truth is stranger than fiction, *The Jinx* is what they're talking about. **Available on: HBO on demand**

1 The Staircase

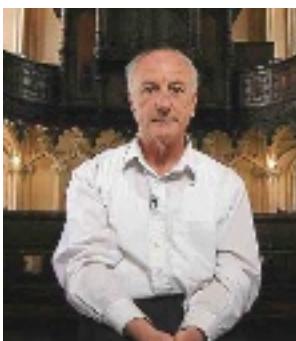
Academy Award-winning documentarian Jean-Xavier de Lestade made this hugely compelling, eight-part series in 2004, focusing on North Carolina newspaper columnist and novelist Michael Peterson, whose wife Kathleen died under mysterious circumstances in 2001 at the bottom of a set of stairs in their home. Michael claimed Kathleen fell, yet he was convicted of her murder in 2003. However, that wasn't the story's end. A slew of startling revelations about Michael Peterson are woven into the film and, even if you'd firmly decided who to believe by the end of it, de Lestade furthers the debate with a 2012 sequel (*The Staircase 2: The Last Chance*) that you'll want to check out. A third is reportedly in the works too. **Available on: Amazon.ca**


3 The Central Park Five

This 2012 documentary examines the infamous, brutal rape and assault of a female jogger in New York City's Central Park, and five young men who were charged with and convicted of the 1989 crime. Made by Sarah Burns (daughter of documentary icon Ken Burns) and David McMahon, it is a story of racial tensions, class, coerced confession and justice system sinkholes. Oh and Donald Trump plays a notable, shameful role. Timely for many reasons. **Available on: Netflix**

4 The Paradise Lost trilogy

In 1993, directors Joe Berlinger and Bruce Sinofsky began chronicling the tragic murders of three prepubescent boys in West Memphis, Ark., and the arrests of three teenage boys in connection with the case. Over the next eight years, they made three films for HBO that paint an utterly disturbing picture of mob mentality, media firestorms and the wrongfully convicted. **Available on: iTunes**


5 Deliver Us From Evil

Made in 2006 by director/producer Amy Berg, this is the story of Catholic priest Oliver O'Grady, who raped and sexually assaulted children in numerous American parishes throughout the 1970s. Rather than being charged for his crimes, O'Grady was transferred around the country by a church hierarchy that knew something was terribly wrong and refused to address it. O'Grady and his victims are interviewed by Berg. **Available on: iTunes**

JOHANNA SCHNELLER WHAT I'M WATCHING**It's easy to trace the track of Obama's tears****THE SHOW:** Barack Obama**News Conference, Jan. 5****THE MOMENT:** Obama crying**Barack Obama weeps at Jan. 5 news conference.** GETTY IMAGES

The U.S. President stands at a podium, listing some steps he'd like the U.S. to take to curb gun violence. Then, looking grim, he invokes rhetoric beloved by Americans: "Our inalienable rights to life, liberty and the pursuit of happiness," he says, "were stripped from college kids in Blacksburg and Santa Barbara, from high schoolers in Columbine, and from first-graders in Newtown." He chokes up. "First graders," he repeats. As he wipes away tears, dozens of cameras click.

After watching a leader of the free world weep on TV, people reacted differently. The pundits on Fox questioned why Obama didn't cry over victims of terror. The late-night talk show hosts lambasted Fox.

I have my own idea about why the president wept. It wasn't for the 33,599 people who died by gun in the U.S. in 2014. It wasn't because there

were more mass shootings than days in the year. It wasn't even for the slain students. It was because Obama knows that nothing he does or says — not even invoking six-year-olds cut in half by machine-gun fire — will convince his colleagues in government to take measures to stop it. He wept from helplessness. The image of Obama crying will be a defining one

for his presidency. Not because he's compassionate (which he clearly is), but because history will judge gun violence to be the major failure of his tenure. Looking into his exhausted eyes, you can see he agrees.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.


Are you looking for an exciting, long-term and profitable career in a skilled trade?

The OIFSC is seeking interested participants in the Ottawa area to enter a 33-week Glazier Metal Mechanic Pre-Apprenticeship training program. The program includes complete Health & Safety training, Basic Level Apprenticeship training and a paid 8-week work placement. In our most recent program all participants who entered the work placement gained full-time employment. There is no cost to participate in this program. If you are interested in applying for the program or would like more information, go to our website at www.oifsc.com or contact OIFSC at 613-228-5222



This Pre-Apprenticeship Training Program is funded by the Government of Ontario.

metro SPORTS

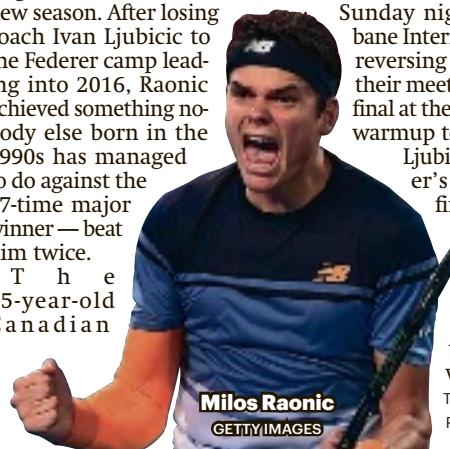
Lindsey Vonn raced to a pair of wins over the weekend, heating up the battle for the overall World Cup title with leader Lara Gut

TENNIS

Raonic gets his revenge on Federer

Milos Raonic got one back on Roger Federer to start the new season. After losing coach Ivan Ljubicic to the Federer camp leading into 2016, Raonic achieved something nobody else born in the 1990s has managed to do against the 17-time major winner—beat him twice.

The 25-year-old Canadian



Milos Raonic
GETTY IMAGES

broke Federer's serve once in each set of a 6-4, 6-4 win on Sunday night in the Brisbane International decider, reversing the outcome of their meeting in last year's final at the Australian Open warmup tournament.

Ljubicic was in Federer's corner for the final. Carlos Moya, who will join Raonic's coaching crew, doesn't arrive in Australia until next week.

THE ASSOCIATED PRESS

NHL

Kane gets last laugh as Sabres top Jets

Sam Reinhart scored a hat trick as the Buffalo Sabres halted their six-game losing skid with a 4-2 win over the Winnipeg Jets on Sunday.

Sabres forward Evander Kane notched an assist on Reinhart's empty-net goal in his first game against the team that traded him last Feb. 11 in a multi-player deal.

Marcus Foligno also scored for Buffalo (16-22-4) and Linus Ullmark made 42 stops.

Winnipeg (19-20-3) got goals from Blake Wheeler and Mathieu Perreault. Wheeler also had an assist and Bryan Little had two helpers. Connor He-

SUNDAY In Winnipeg

4	2
SABRES	JETS

lebuyck turned aside 25 shots.

Kane was booed throughout the game by the Winnipeg crowd. The razzing started during the teams' warm-ups, when Kane was the first Sabre on the ice. Within seconds, he stepped on a puck and fell, sparking fans to cheer his tumble.

THE CANADIAN PRESS

IN BRIEF

Swansea humbled by fourth-tier Oxford

Premier League struggler Swansea was humbled in a 3-2 loss at fourth-tier Oxford on Sunday for the first big shock in the third round of the FA Cup.

After Swansea opened scoring in the 23rd minute, Oxford scored three goals in 14 minutes spanning the halftime break and Bafetimbi Gomis' 66th-minute reply proved only a consolation for Swansea.

Fifty-four places separated Swansea and Oxford in the English football pyramid. THE ASSOCIATED PRESS

Nets fire coach, reassign GM

The Brooklyn Nets fired coach Lionel Hollins and reassigned general manager Billy King on Sunday in the midst of their worst season since moving from New Jersey.

The Nets said assistant Tony Brown will serve as the interim head coach, and the GM position will remain open until a replacement is hired.

The Nets have lost nine straight games at home and have a record of 10-27, better than only the league-worst Philadelphia 76ers. THE ASSOCIATED PRESS

NFL PLAYOFFS

Field-goal miss sends Seattle through to face Carolina

Russell Wilson and the Seattle Seahawks needed more than three quarters to warm up at Minnesota, their quest to avenge last year's Super Bowl loss nearly frozen before it began.

The Vikings, after gritting through this grind-it-out wild-card round playoff game, booted their chance to beat the two-time defending NFC champions. Blair Walsh's 27-yard field-goal try into the frigid wind hooked left with 22 seconds remaining, handing the Seahawks a 10-9 win over the stunned Vikings on a Sunday in below-zero weather that tied for the third-coldest NFL game on record.

"A lot of people would have folded up and said, 'That's it,' but we've got a team full of fighters," Seahawks cornerback Richard Sherman said.

The Seahawks (11-6) didn't score until Russell Wilson's short touchdown pass to Doug Baldwin early in the fourth quarter. Then, a fumble by Adrian Peterson for the Vikings on the next possession set up a field goal by Steven Hauschka.

The Vikings (11-6) took the ball for the deciding drive with



Seahawks cornerback Richard Sherman tackles Adrian Peterson on Sunday. Peterson had 45 yards rushing and a pivotal fumble in the Vikings' loss. KIICHIRO SATO/GETTY IMAGES

SUNDAY In Minneapolis

10	9
SEAHAWKS	VIKINGS

1:42 left at their 39 and, aided by a pass interference penalty on Kam Chancellor, drove deep into Seattle's territory. After draining the clock for the seemingly inevitable win, Walsh simply

missed the winner after making all three of his earlier attempts.

"That's called grace," Chancellor said. "That's all it is."

Seattle will play next weekend at Carolina, where the Panthers had a first-round bye in balmy mid-50s weather.

"I think we were fortunate that we got the win," Seahawks coach Pete Carroll said. "A lot of those times, guys make those kicks. There's a high percentage that they make them, but you've

still got to do it."

Walsh didn't hide. Holder Jeff Locke had the laces turned in, not out, but there were no excuses to be made.

"You're confident, but you never think that you have it or take it for granted," Walsh said, subdued with glassy eyes in the locker-room afterward. "I just didn't put a swing on it that would be acceptable by anybody's standards."

THE ASSOCIATED PRESS



Pack go on attack after slow start

Aaron Rodgers did a jig after his first touchdown pass. Later, he was smiling and nodding and thrusting both arms overhead.

And why not? He has a lot more fun when his offence is balanced—and the Green Bay Packers score seemingly at will.

Spurred by a bit of hurry-up, and a bunch of running, the wild-card Packers got go-

Packers tight end Richard Rodgers, top, and quarterback Aaron Rodgers celebrate a first-half touchdown on Sunday. MARK TENALLY/ THE ASSOCIATED PRESS

In Landover, Md.

35	18
PACKERS	REDSKINS

ing after a rough start Sunday, with Rodgers throwing for a pair of TDs while Eddie Lacy and James Starks each rushed for a score, and Green Bay beat the NFC East champion Washington Redskins 35-18 to reach the divisional round.

Rodgers opened 1-for-8, and the Packers' first four drives ended this way: punt, safety,

punt, punt. They had all of 11 yards—yes, just 11—after one quarter.

But trailing 11-0, the Packers used a bit of hurry-up to score 17 consecutive points, then put the game away on the ground.

Rodgers connected with Randall Cobb and Davante Adams for TDs.

Green Bay (11-6), which lost its last two regular-season games, will play at Arizona on Saturday.

NFC East champion Washington (9-8) had won four games in a row, but its season ends without a victory over a winning team. THE ASSOCIATED PRESS

RECIPE Kale, Spinach and Rice Cakes



Ceri Marsh & Laura Keogh
For Metro Canada

Take leftover rice and transform into these health-packed cakes that are a perfect, light dinner with eggs.

Ready in
Prep time: 30 minutes
Serves 2

Ingredients

- 1 cup chopped spinach
- 1 cup chopped kale
- 3 cloves garlic, minced
- 1 Tbsp butter
- 1/4 cup chopped onion
- 2 eggs
- 1/2 cup cooked Arborio rice
- 1/2 cup Parmesan cheese

Directions

1. Preheat oven to 400 F. Lightly grease a muffin pan.
2. In a small pan, melt butter over medium heat. Add garlic and onion and sauté for 2 minutes, until onions are translucent.
3. Place spinach, kale and butter mixture into food processor. Pulse until finely chopped. Transfer to a medium-sized bowl.
4. Add rice, eggs and cheese into bowl. Stir until combined.
5. Pour mixture into prepared muffin tin, leaving about 1 inch at the top. Bake for 20 minutes, or until set and edges are golden brown. Loosen edges with a knife and turn onto a plate. Serve warm with your favourite eggs.

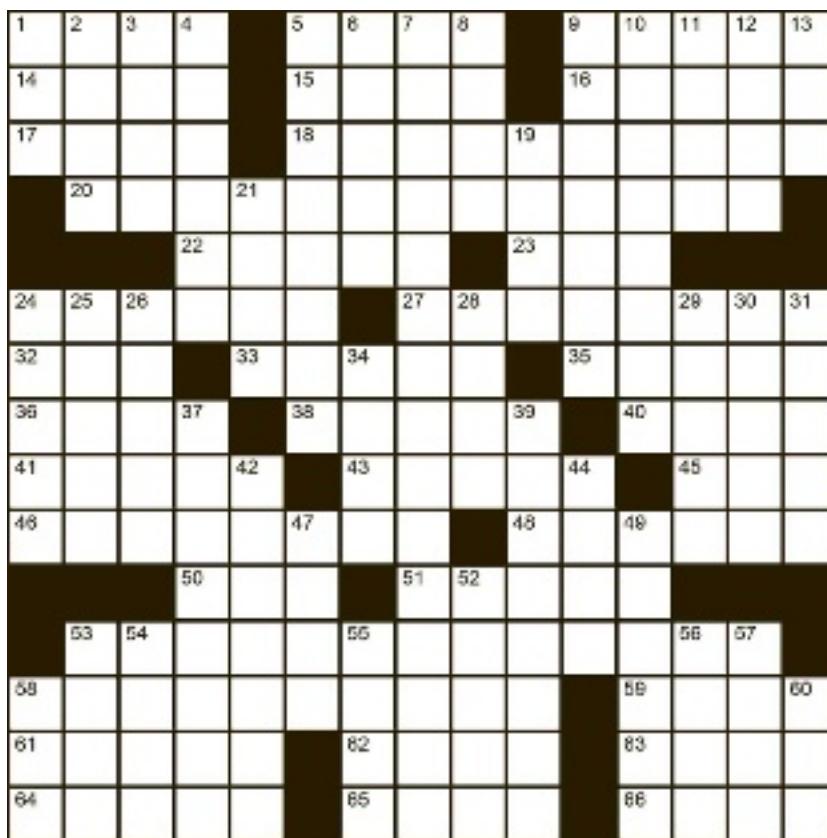
FOR MORE MEAL IDEAS, VISIT
SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Thundering sound
5. Moonfish
9. Beach Boys: "John B"
14. Golfer's "Watch out!"
15. Exasperate
16. Mrs. Flintstone
17. ___ bit of light in (Tilt the blinds)
18. One who tolls from the steeple: 2 wds.
20. Canadian author of the bestseller at #53-Across: 2 wds.
22. Paint kind
23. "Buttermilk Sky
24. Dog-starring adventure series
27. Canadian legend Oscar of jazz
32. Blake Shelton's Oklahoma hometown
33. Deep ___ (Restaurant appliance)
35. New ___ India
36. Beaks
38. Mister: Spanish
40. Canadian jazz vocalist Matt
41. Latin for 'fault'
43. Valuable holding
45. Ms. West
46. Athlete's activity
48. Horror flick of 1932 that Dracula would enjoy
50. Mr. Somerhalder
51. :)
53. CBC's set-in-19th-century-Newfoundland miniseries of 2002



based on #20-Across' same-named novel: 2 wds.

58. When a goal is expected to be reached: 2 wds.
59. Flatbread variety
61. Blu Cantrell's "___ Up Style (Oops!)"

DOWN

1. Spiral-shaped light bulb, commonly
2. Poet Mr. Pound
3. Tunesmith Lisa
4. Puccini aria: "Vissi d'___"
5. Nuptials exchanges: 2 wds.
6. Dog's "Hey, that hurts!"
6. Art object
7. Like a trip won on a game show: 3 wds.
8. Sea captain's spot
9. Stylishly added the soft ice cream to the cone
10. Remained, as the

scent of perfume

11. Gymnast Ms. Korbut
12. Harbinger
13. Golf standard
19. Tooth part
21. Newbie
24. Charging knight's weapon
25. Folie ___ (Foolishness shared by two)
26. Canada's wild horses island
28. Ancient love god
29. Fall/decline
30. Lana Del Rey's "___ Can You See"
31. One manufacturing apparel for the swoosh logo sports brand, say
34. Positive votes
37. English ___ Spaniel (Sporting dog breed)
39. Those making edits
42. Steve Guttenberg comedy, "Police ___" (1984)
44. Mr. Bachman's
47. "How could ___?" (It was hard to refuse)
49. Irish actor Colm who starred in #53-Across
52. San ___ (California city)
53. Puddle creator
54. "Thou ___ lady." - King Lear
55. Gladiator's 1506
56. Fixed stare
57. British peer
58. Three days after Monday, wee-ly
60. Catch a wink

*IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Good things and good people will come into your life this week. You're so popular that your name is at the top of everyone's guest list. Your only problem is going to be finding the time to keep your admirers happy.

Taurus April 21 - May 21
If you've been thinking about changing direction in your career now is the time to start making some serious moves. All options are open to you, it's just a question of choosing the right one.

Gemini May 22 - June 21
You're the flavour of the month. Don't hesitate to take advantage of people's good feelings toward you. Travel will broaden your horizons.

Cancer June 22 - July 23
Take full advantage of the favourable position you'll find yourself in today. Don't miss out because you think it would be wrong to do well for yourself while others are struggling.

Leo July 24 - Aug. 23
If a friend or family member says something critical don't think they're trying to put you down. More likely they're trying to make you aware of the mistakes you've been making so you won't make them again.

Virgo Aug. 24 - Sept. 23
You'll always reap what you sow, and if recent efforts are anything to go by that means you have a great deal to look forward to. Sit back and enjoy the good things heading your way.

Libra Sept. 24 - Oct. 23
The planets are not only boosting your creativity but also your confidence. Find ways to help loved ones who are not feeling as good about life as you are. With your assistance they will soon be smiling again.

Scorpio Oct. 24 - Nov. 22
You will find it easy to show affection today, even if you are the kind of Scorpio who prefers to keep your feelings to themselves. Let loved ones know you still care for them.

Sagittarius Nov. 23 - Dec. 21
Others will find out soon enough what your opinions are so you might as well come clean now. And if they don't match what most people believe? Then most people are wrong.

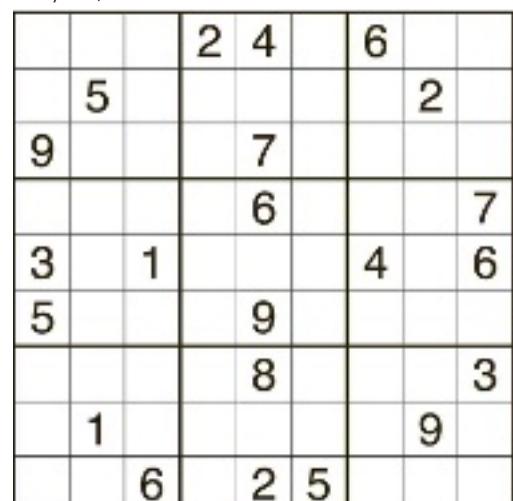
Capricorn Dec. 22 - Jan. 20
Ignore those who say you have been lucky and don't deserve it. They're just jealous that they have to work so hard while everything seems to come easy to you. Yes, life can be unfair at times, but that's how it is.

Aquarius Jan. 21 - Feb. 19
Try not to be so intense. Rest assured that everything that is meant to happen will happen when the time is right. Relax and let life come to you.

Pisces Feb. 20 - March 20
There's so much to be thankful for and yet you seem determined to focus on the very few things that have gone wrong. It's time to lighten up a little and let your heart guide you. You will be happier for it.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



©2013 Conceptis Puzzles. Dist. by King Features Syndicate, Inc.

FRIDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games



CHARGED WITH

IMPAIRED DRIVING?

NEW Location: 1901 Bank Street

(613) 778-8660





Do more and make more with Canada's #1 provider.

Real results require speed, reliability and security. When you choose a Bell business bundle you get blazing-fast Fibe Internet, the most reliable phone service¹ and the power of our better network. Start your business out right with the Internet and phone service provider more Canadians rely on² to do more and make more each day.



FROM **\$ 91 68/MO.**
For new customers
on a 3-year term

- ✓ Business Fibe Internet³
- ✓ Unlimited Internet usage and Wi-Fi modem
- ✓ Online security protection⁴
- ✓ Fully loaded Business phone line⁵
- ✓ North American long distance⁶

Call 1-877-341-4549 or visit bell.ca/businessbundle.

Bell your business
just got
better

Offer ends March 31, 2016. Available to new customers in Ontario where access and technology permit and where Business phone service is not CRTC regulated. Subject to change without notice and cannot be combined with any other offer. Installation fees of \$125 for Internet and \$80 for phone apply. Unlimited usage is subject to the Business Terms of Service; see bell.ca/businesstermsofservice. Taxes extra. Other conditions apply. Fibe is a trademark of Bell Canada. (1) Applies to traditional copper-based (excluding fibre-based) wireline telephony; compared to cable telephony and based on continued service during extended power outages at a customer's business. (2) Based on total number of subscribers to Phone, Internet and TV services. (3) Subject to a 3-yr. term. Early cancellation charges apply. Wi-Fi modem rental included. Available with Internet download speeds of up to 10 Mbps and upload speeds of up to 1 Mbps. Speeds and signal strength may vary with your configuration, Internet traffic, server, environmental conditions or other factors; see bell.ca/businessinternet. (4) Includes 3 Internet protect licences. Subject to technical requirements; see bell.ca/internetprotect. (5) Includes: 1. Call Display, 2. Call Forwarding, 3. Call Waiting, 4. Speed Call, 5. Last Number Redial, 6. Per Call Blocking, 7. Hold, 8. Call Transfer, 9. 3-way Calling, 10. Voicemail. (6) Includes 1,200 minutes. Applies to direct-dialed outbound calls to Canada and the continental U.S., including Alaska and Hawaii; excludes toll-free calls (\$0.06/additional min.). Calls to certain conference or adult services or to high-cost areas may be restricted.